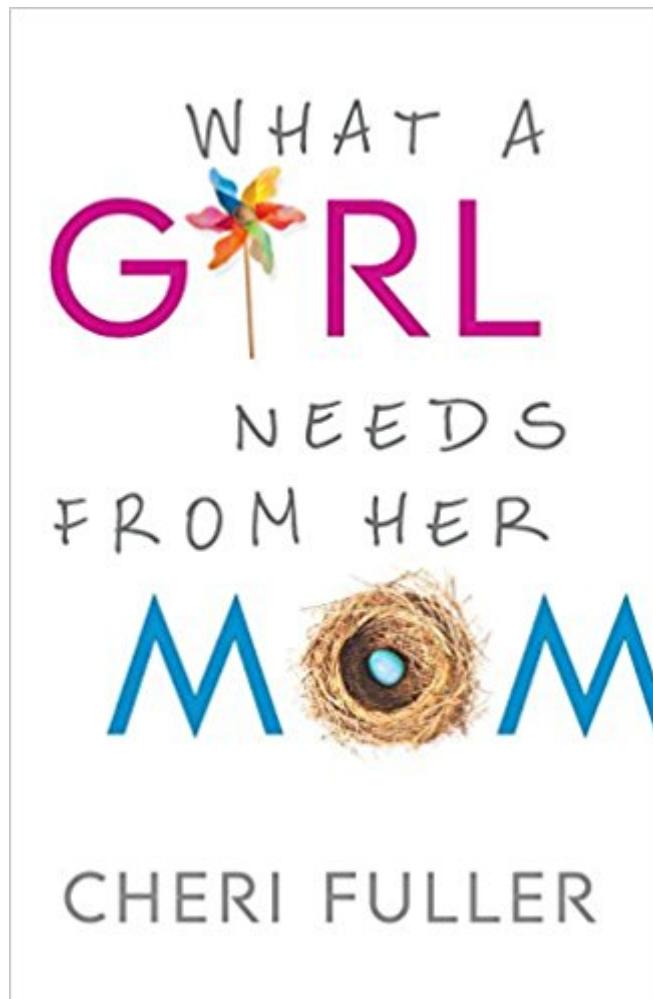


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# What A Girl Needs From Her Mom



## **Synopsis**

Bestselling author and parenting expert Cheri Fuller equips moms for the challenge of raising daughters to become healthy, confident young women in today's changing world.

## **Book Information**

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## **Customer Reviews**

"Cheri Fuller dives into the mother/daughter relationship with keen insight and lots of humor." ---At Home --This text refers to the Audio CD edition.

Mystified by the situations girls face today? There's a good reason, Mom. Our girls are growing up in a completely different world than we did. But whether your daughter is very young or a teenager, you can equip yourself with the wisdom and practical help she needs for the pressures and decisions ahead. With keen insight and warm encouragement, Cheri Fuller shares how you can become a more welcome influence at every stage in your daughter's life. Drawing from her own experiences and the expertise of others, Cheri answers all the top questions, including: "How can I help my girl avoid the dangers of social media and navigate the digital world?" "How can I counter society's unhealthy messages about body image and sexuality?" "How can I help my daughter (and me!) deal with her emotional ups and downs?" "What are the best ways to instill good values?" "How can I help her grow a firm faith in God?" Filled with trustworthy suggestions, this book will help you steer your daughter toward becoming a healthy, confident young woman. Includes Reflection Questions for Personal or Group UseGreat for understanding granddaughters, too!

My daughter got pretty excited about this book and read it within two days. She is 9 and if she is anything like me she won't start puberty til 13 but I wanted to get this just in case

A beautifully written book. Great insight on issues when raising a daughter in this day and age.

very good

Good book; learning from it.

I think its a good start, I haven't gotten very far though!

I bought this as a gift for my daughter in law but have not gotten any feedback from her so far.

I love this book. This author writes sensibly but from the heart. I appreciate that she uses many stories from different women and not just her own parenting narrative. The book covers larger themes of being mindful as well as practical suggestions such as helping your daughter clean, organize, and decorate her room as quality time. I look forward to reading her book about what a son needs as well. Also, I am not Christian and did not feel turned off by her writings, which do refer to God and Christianity.

As a mother of two daughters, one who is currently in her difficult teenage years, when I saw this book I knew it was something I wanted to read. Honestly, this book should be required reading for anyone who has daughters. They should put a copy of it in your gift bag at the hospital upon birth of said daughter (there is a second book for mothers of boys as well). Let's face it when you bring home that little bundle of sweetness wrapped up in a pink blanket, you think it's going to be easy. Boys are the hard ones. They are rambunctious tornados who can't sit still for a moment. The truth is, girls can be just as difficult as boys are but on a totally different level. Boys are difficult because of their curiosity and adventurism; girls are difficult because of their need for social interaction and because of their emotions. Cheri Fuller does a great job of providing insight into the mother/daughter relationship as well as walking the reader step by step through the many perils of raising a daughter. She also

pinpoints the many ways we as mother's fail our daughters. As she does so, she weaves in humor and stories of her own mistakes and situations in raising her own daughter as well as those of other families. She points out how things are much different now then when many of us were young girls and what mothers really need to be aware of in this jungle of the technological age. The book is divided up into 14 points of interest as to what we need to be for our daughters. Each of these points are covered in entirety in its own chapter, which makes a great place to go if you bought this book to pinpoint one particular area to work on.. Some of the topics that are covered are : Being a mom who is present and engaged, being a mom who encourages and builds confidence, being a mom who prays for her daughter, being a mom who is a good role model, being a mom who helps develops a daughter of character, and being a mom who listens with her heart. The book is far from being a dry textbook and really connects with the readers heart. Each chapter concludes with questions for journaling to dig deeper into your thoughts and to provide a moment of self reflection in your own mother/daughter relationship. Over all, I found this to be a great book for any mother to read, regardless to the age of her daughter. My oldest daughter and I have a pretty good relationship, however I found much information here that I can bring into our relationship to make it not a "pretty good" but a strong connection that will endure the years. It will also help me to avoid many of the same mistakes that I made in my relationship with my oldest daughter when it comes to my youngest daughter. Read it early on when your daughters are young to avoid much of the emotional conflict that comes when they get old. Read it when your daughters are older in order to lesson that conflict and rebuild the mother/daughter relationship that has might have been damaged. I would give this book a 4 out of 5. I received a copy of this book from Bethany House Publishing in exchange for an honest review. The thoughts expressed here are my own.

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